

MAH'S PANGBOURNE TANDOORI RESTAURANT
26 Reading Road, Pangbourne, RG8 7LY
0118 984 3731
www.miahspangbourne.co.uk
Kitchen Open Every Day 12.00-2.00pm, 5.30-10.00pm

Starters & Appetizers

The perfect start to your meal

Poppadom (V) each £0.80

Plain or Spiced

Pickle Tray (V) per pot £ 0.70

Mango Chutney, Yoghurt & Mint, Tropical Onion Salad, Lime Pickle (🍷🍷)
Coconut & Carrot, Tamarind Sauce

Samosa £ 4.25

Tasty delicate pastries stuffed with the filling of your choice with potato and spices

Tikka Chicken, Lamb or Vegetable (V)

Onion Bhaji (V) £ 4.25

Deep fried onion patties with whole spices & gram flour, served with tamarind and yoghurt sauces

Pakora (V) £ 4.25

Deep fried vegetables coated in spicy batter

Starters from the Clay Oven

Traditional Chicken/Lamb Tikka (🍷) £ 5.95

Boneless tender chicken/lamb seasoned with aromatic spices and barbecued in our clay oven. Served with salad

Sheekh Kebab (🍷) £ 5.95

Skewers of roasted minced lamb served with fresh onions, herbs and spices

Taster Plate £ 6.95

Platter comprising vegetable pakora, sheekh kebab & chicken tikka

Chef's Special Starters

Created by our chef for a truly special way to begin your meal

Eadul Gustawaz (🍷) £ 6.95

Lamb piccata in a buttery coriander sauce, cooked in our tava and served on a rice flour flatbread

Garlic Mushroom Moni Puri (🍷) £ 5.95

Grilled mushrooms with garlic, pineapple and our special tasty, thick sauce served on a freshly hand made flatbread

Jumbo Tiger Prawn Pathia Puri (🍷) £ 7.95

A hot, sweet and sour dish bursting with flavour and served on a deep fried leavened bread

Jumbo Tiger Prawn Jhinga Bahar (🍷) £ 7.95

Shelled king prawn with browned onions, coriander & green peppers, cooked to perfection under the grill

Murgh Isabgol Tikka (M) £ 6.95

Chicken tikka, paneer and roasted potatoes with isabego, cranberry sauce, cheese and shahi jeera (black cumin) and chat massala spices. One to enjoy

Miah's Amazing Shashlik Skewer

Our fantastic shashlik skewers offer a whole new way to enjoy meat, fish and vegetables!

Our 12" long skewers are loaded with pieces of specially prepared and flavoured **lamb, chicken, king prawns or paneer** (Indian cheese similar to haloumi). In between the pieces we add Onions, Red & Green Peppers and then cook the skewer in the tandoor to really bring out the flavours.

We remove the pieces from the skewer and serve it with one of our celebrated plain nan breads. You can add a seasonal mixed vegetable side dish for dipping, prepared to your desired level of spiciness, or fluffy kesar pilau rice to absorb the flavours at extra cost to create a complete meal. See sides and rice for details.

Chicken £ 11.95 per skewer
Lamb Shashlik £ 12.95 per skewer
Chicken Malai Shashlik £ 11.95 per skewer
Paneer Shashlik (V) £ 11.95 per skewer
King Prawn Shashlik £ 14.95 per skewer

Traditional Curries

Ever-popular Indian dishes prepared as only Miah's Pangbourne know how.

Chicken £ 8.95 | Lamb £ 9.95 | Tandoori Roasted £ 9.95 | Mixed Vegetable (V) £ 8.50 |
Jumbo Tiger Prawn £ 13.95

Bhuna (🌶)

With coriander, onions and tomatoes

Dansak (🌶🌶)

Sweet and sour with lentils. A very rich dish

Jalfrazi Korai (🌶🌶)

Finely sliced green cabbage, spiced, diced onions, fresh red & green peppers, fresh green chillies in a thick sauce for a unique taste

Korma (M)

Cooked in a mild sauce with coconut, almonds and cream

Madras (🌶🌶)

A fiery blend of spices served with potatoes

Plain Curry (🌶)

Made with a blend of medium spices

Pathia (🌶🌶)

Sweet and sour flavour in a thick sauce

Rogan (🌶)

With tomatoes, green peppers, garlic and ginger

Sag (🌶) (V)

Spinach with onion, coriander and a blend of medium hot spices

Tikka Massala

The Classic British Dish! Your choice of chicken, lamb or vegetables, marinated overnight in the chef's special spices then roasted in our clay oven and served in a massala (M) or chilli massala (🌶🌶) sauce

Chicken £ 9.95 | Lamb £ 10.95 | Vegetable £ 8.95 | King Prawn £13.95

Naga Chilli Massala (🌶🌶🌶) £ 10.95

A unique aromatic and exotic dish using Bangladeshi chilli with chicken tikka or lamb. Smooth, spicy – sensational!

Special Mixed Massala (M) £ 13.95

Tandoori chicken, lamb, chicken tikka and king prawn cooked in a specially mild and juicy gravy,

Balti (🌶🌶)

Medium to well spiced with onions & coriander served with a fluffy plain nan bread

Chicken/Lamb £ 13.95 | Vegetable £ 10.95 | King Prawn £ 14.95

Biryani (🌶)

A complete Indian dish with your choice of meat or vegetables and basmati rice baked delicately in herbs and spices and served with seasonable vegetables

Tikka Chicken/Lamb £ 12.95 | Vegetable £ 11.95 | King Prawn £ 14.95

Grilled from the Clay Oven

Jumbo Jhinga Bahar (🍴) £ 13.95

Shelled king prawns cut in half, served with browned onions, coriander and green peppers, cooked to perfection over our charcoal grill

Malai Chicken Tikka (M) £ 10.95

Tender boneless pieces of chicken marinated in double cream with mild Tandoori barbecue spices, served with salad

Murgh Aur Aloo Tikka (🍴) £ 10.95

Medium spiced and seasoned chicken and potatoes roasted to perfection, served with mixed salad

Sheekh Kebab (🍴) £ 10.95

Skewers of roasted minced lamb served with fresh onions, herbs and spices. Served with salad

Traditional Tandoori Chicken (🍴)

Dishes are seasoned with aromatic spices and barbecued in our clay oven. Served with salad.

Half £ 8.50 | Whole £ 15.95

Traditional Chicken/Lamb Tikka (🍴) £ 10.95

Boneless tender chicken/lamb seasoned with aromatic spices and barbecued in our clay oven. Served with salad

Tandoori Mixed Grill Sizzler (🍴) £ 14.95

Tandoori chicken, lamb & chicken tikka, sheekh kebab, 2 chicken wings served with salad & nan

Unique to Miah's

These are some of our favourite dishes and ones we have created and perfected over the years.

Bangla Shatkora (🍴) Chicken £ 10.95 | Lamb £ 11.95

Tandoor grilled chicken or lamb simmered in a thick aromatic sauce flavoured with shatkora (a Bengali lemon)

Jumbo Tiger Prawn Langwaki (🍴) £ 13.95

Jumbo prawns marinated overnight in a delicately spiced sauce and then deep fried in butter with fresh green beans

Keema Aloo Chana (🍴🍴) £ 10.95

Minced lamb cooked in medium spices and served with Indian style chick peas and potatoes

Lucknowi (M) Chicken £ 10.95 | Lamb £ 11.95

Chicken or lamb marinated in our special sauce then grilled in the tandoor and served in a Malayan pineapple sauce

Mackney Murgh (🍴) £ 10.95

A chicken breast fillet stuffed with spiced minced lamb served with a boiled egg in a special sauce

Murgh Bemistal (🍴🍴) £ 10.95

Smooth and spicy chicken tikka with onions and garlic

Murgh Garlic Adrath (🍴) £ 10.95

Spring chicken marinated with fresh garlic, onion and herbs cooked over a charcoal grill and served with a rich sauce

Murgh Shahee Mughal (M) £ 10.95

Chicken breast in a deliciously creamy, ginger and almond sauce

Shabe Kaliyan Chandi (M) £ 10.95

A lamb picatta simmered gently in an aromatic sauce with cashews, almonds, saffron cardamom and a mint garnish

Pastanda (M) £ 10.95

Chicken or lamb cooked with mild spices, ginger, almonds and cream

Vegetarian Selection

Any of our dishes can be made with vegetables on request.

However we have a selection of delicious dishes specifically made for vegetarian diet, which include a fluffy nan bread.

Lazzate-Omar (M) £ 10.95

A creamy kofta of squash, khoya and cream cheese simmered in a silky sauce of tomatoes, flavoured with garam massala and lasoori methi. Served with plain nan bread

Miah's Aloo Ka Qorma (M) £ 10.95

Expertly scooped potato barrels packed with royal cumin-spiced milkcake, paneer and pomegranate seeds which are soaked overnight in rosewater and served in a delicate yoghurt and saffron sauce. Served with plain nan bread

Dobrare Subzee Bahar (M) £ 10.95

A medley of fresh vegetables stir-fried and served in two separate sauces – spicy spinach and creamy buttery tomato. Served with plain nan bread

Side Dishes

It is a tradition of Indian cuisine to provide a selection of vegetable dishes to accompany the main course. These are ideal for sharing and adding extra flavours to the main dish.

Seasonal Vegetable Curry (V) (🍴) £4.95

A selection of seasonal vegetable in a rich sauce

Aloo Gobi Massala (V) (🍴) £4.95

Potatoes & cauliflower

Bombay Aloo (V) (🍴🍴) £4.95

Potatoes in hot spice

Aloo Bengun (V) (🍴) £4.95

Potatoes & aubergine

Flash Fried Greens (V) (🍴🍴) £4.95

Seasonal greens with a blend of hot spices

Gobi Mushroom Bhaji (V) (🍴) £4.95

Cauliflower and Mushroom

Massala Dhal (V) (M) £4.95

Mixed lentils tempered with our special sauce

Sag Aloo (V) (🍴) £4.95

Spinach and potatoes

Sag Chana Aloo Cutlet (V) (🍴) £4.95

Spinach, chickpeas, potatoes and egg

Sag Ponir Malai (V) (🍴) £4.95

Indian cheese, spinach spices and cream

Tarka Dhal (V) (M) £4.95

Mixed lentils tempered with garlic and cumin

Vegetable Bhajee (V) (🍴) £4.95

Choose from: Mushroom, Bindi (okra), Brinjal (aubergine), Cauliflower, Sag (spinach) or Chana (chickpea)

Rice

Sada Chawal £2.95

Steamed basmati rice

Kesar Pulao £ 3.25

Basmati rice cooked in milk then fragrant with saffron and cardamom

Speciality Rice £3.95

Choose from: Egg, Mushroom or Keema (minced lamb)

Indian Bread;

All hand-made and freshly baked to order in our clay oven

Plain Nan £ 3.25

Soft, fluffy & delicious

Stuffed & Flavoured Nan £ 3.95

Keema, Peshwari, Garlic & Coriander, Chilli & Coriander, Kulcha Paneer & Potato, Cheese & Chilli

Paratha £ 3.25

A delicate wheatflour bread, layered in butter and deep fried

Keema Paratha £ 3.95

A delicate wheatflour bread, layered in butter and topped with mint and minced lamb

Chapati £ 1.95

Thin unleavened Indian bread

Strength Guide: (M) Mild, (🌶️) Medium, (🌶️🌶️) Hot, (🌶️🌶️🌶️) Very Hot

Allergies & Intolerances:

Some of our dishes may also contain Milk, Soya, Fish, Celery, Peanut, Tree Nuts, Sesame Seeds, Mustard and other allergens. Fish dishes may contain bones. If you suffer from any food allergies, please inform a member of staff before ordering. We will try our best to accommodate your needs.

Made just for you

We take great care in mixing a perfect blend of spices for each of our dishes. However should you enjoy the flavour of a particular dish but want it made either hotter or milder we will do our best to make it to your requirements.

Delivery & Collection

All of our take away meals are prepared fresh to order and may take up to 60 minutes during peak hours especially when we are busy. Please be patient as good food takes time.

All take away food can be ordered by **telephone**, on **our website** or through online services such as **Just Eat, Deliveroo and Uber Eats**. It can either be delivered to your door or for collection from Miah's Pangbourne.

Free delivery* to your door

Our great free delivery service is available on all orders if you live in any of the following areas:

Basildon, Bradfield, Calcot, Checkendon, Goring, Pangbourne, Purley on Thames, South Stoke, Streatley, Sulham, Theale, Whitchurch on Thames & Woodcote.

** There is a small delivery charge of **£3.50** for orders under **£25.00**. Please ask if you require delivery outside these areas.*

10% off collected orders

We will take 10% off all food orders over **£25.00** that are collected. This applies to orders placed through our website, telephone orders and those placed at the restaurant.